



LONGTOM MARATHON

31 MARCH 2012



071 605 1507 www.longtominfo.co.za 082 557 9604

Born to Run?... Here mother nature watches over you!

Consistently voted amongst the top 5 ultra marathons

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Ultra 56 km: 8 hour cut-off time
 Start: **06:00 Sybrand Van Niekerk High School Main Street, Sabie**
 Finish: Lydenburg High School, Eeufees Rd

Fast 21.1 km: 4 hour cut-off time
 Start: **07:00 Mauchsberg (Longtom Pass)**
 Finish: Lydenburg High School, Eeufees Road

Fun Run/Walk: 1 hour cut-off time
 Start: **07:00 Lydenburg High School, Eeufees Road**
 Finish: Lydenburg High School, Eeufees Road

Race Number Collection:

56km Fri 30 March 2012 14:00 - 21:00
 Lydenburg High School

21.1km Sat 31 March 2012 05:00 - 06:00 (Start of 56km)
 Sybrand Van Niekerk High School

56km Sat 31 March 2012 06:00 - 07:00 (Start of 21.1km)
 Mauschberg (Longtom Pass)

Prize Giving: 21.1km: **11:00** 56km: **12:30**
Race Results: www.raceresults.co.za
Timekeeping: Chamberlain's Timekeeping
Prizes: Info available on request
Accommodation: See website www.longtominfo.co.za or call enquiry numbers below.

Entries: Selected sport stores and races.
(Contact race office for more info)

Fax: 086 606 3014 / 012 346 7725

Online: www.enteronline.co.za / www.longtominfo.co.za

Pre Entries: 56km, 21.1km & 5km
Closing Date: **19 March 2012 @ 20:00**

Late Entries: 56km, 21.1km & 5km

Fri 30 March 14:00 - 21:00 at Lydenburg High School
Sat 31 March **ONLY FUN RUN ENTRIES 07:00 - 07:30**

Race day: No late entries taken at start 56km & 21.1km races

Road Closure: The race route (R37) between Sabie and Lydenburg will be CLOSED to all traffic from 05:00 - 12:00 on race day Sat 31 March 2012

Transport: Bus services compulsory to 56 km and 21.1 km starting points. ROAD CLOSED!!
 (Please indicated required bus ticket on entry form)

- 56km Departure **04:30** from Lydenburg High School
- 21.1km Departure **05:30** from Lydenburg High School
- 21.1km Departure **05:30** from Sybrand van Niekerk High School (Sabie)
- Return from Lydenburg to Sabie after prize giving - approx. 14:00

